

About "Here I Stand: Leading Change Through Self-Differentiation"

Schedule

Here I Stand: Leading Change Through Self-Differentiation meets for three days:

Tuesday - 8/18/09

- 1:30 p.m. – "Here I Stand" in Context
Murray Bowen's Idea of Change
Congregations as Emotional Systems
- 3:15 p.m. – Solid Self and Pseudo-Self
The Dance of Beliefs & Relationships
- 5:00 p.m. – Adjourment
- Evening – Discovering Your Own Belief History:
Individual Work

Wednesday - 8/19/09

- 9:00 a.m. – Processing of Participant Reflections
Your Ongoing Work on Self
- 10:30 a.m. – Overview of a Four-Year Process
The "Beliefs Chart" as Facilitator Tool
- Noon – Lunch (on your own)
Optional Video: Differentiation of Self
and the "I" Position (Murray Bowen)
- 1:30 p.m. – Large Group Exercise: Putting the
Process into Practice
- 3:15 p.m. – Small Group Exercise 1: Putting the
Process into Practice
Integrating the Process into Ministry:
Making this Approach Your Own
- 5:00 p.m. – Supper (on your own)
- 7:00 p.m. – Relating Theology to Bowen Theory
- 8:30 p.m. – Adjourment

Thursday - 8/20/09

- 9:00 a.m. – Preaching, Teaching, and Leading
from the "I Position"
Responding to Sabotage
- 10:30 a.m. – Small Group Exercise 2: Putting the
Process into Practice
The Ongoing Coaching Relationship
Evaluating Congregational Change
- 12:30 p.m. – Adjourment

Location

Redeemer Lutheran Church
139 East First Street
Hinsdale, IL

Hinsdale is in the western suburbs of Chicago, approximately 30 minutes by car from both O'Hare and Midway airports. A map and information regarding hotels will be sent with confirmation of registration.

Trainer

Robert Williamson serves with LMPC in an Adjunct Faculty role. Bob is a graduate of the Lutheran School of Theology at Chicago (M.Div., 1976) and has experience as a parish pastor. Since joining the LMPC staff in 1992, he has served as a trainer in conflict transformation and a consultant to pastors and conflicted churches. Much of Bob's thinking in recent years has gone into the development of the **Here I Stand** approach.

Bob has participated in the *Postgraduate Program in Bowen Family Systems Theory and Its Applications* at the Bowen Center for the Study of the Family (formerly the Georgetown Family Center) in Washington, D.C. He studied briefly with Edwin Friedman shortly before Dr. Friedman's death in 1996. Bob has also been trained by Dr. Peter Steinke as a presenter of the *Healthy Congregations* workshop, which is based on Bowen family systems theory.

Pre-Training Reading

As preparation for the event, participants are required to read **Extraordinary Relationships: A New Way of Thinking About Human Interactions** by Dr. Roberta Gilbert. Also recommended are **Family Evaluation** by Michael E. Kerr and Murray Bowen, and **Generation to Generation: Family Process in Church and Synagogue** by Edwin Friedman. Copies of each book are available for purchase from LMPC.

Tuition

Tuition is \$295 for registrations received prior to **July 22, 2009** and \$345 if received after July 22, 2009. To register, return the form to the right with full payment. Cancellations are subject to a \$50 administration fee if we receive notification two or more weeks before the training event begins, or half of the registration fee otherwise.

Meals and Accommodations

Participants will need to arrange their own lodging and meals. A map to the site and hotel information will be sent with confirmation of registration.

For Further Information

Write: Lombard Mennonite Peace Center
101 West 22nd Street, Suite 206
Lombard, IL 60148

Call: (630) 627-0507

Fax: (630) 627-0519

E-mail: Admin@LMPeaceCenter.org

Web Site: www.LMPeaceCenter.org

Other LMPC Events

The Mediation Skills Training Institute For Church Leaders equips leaders with strategies for addressing interpersonal, small group, and congregational conflicts. Dates and locations of 2009 institutes are:

- March 23-27, 2009 — Lee's Summit, MO
- May 4-8, 2009 — Maumee, OH
- August 3-7, 2009 — Glen Ellyn, IL
- October 5-9, 2009 — Arlington, TX
- November 16-20, 2009 — Winston-Salem, NC

Clergy Clinic in Family Emotional Process is designed to enhance the ability of participants to function as self-differentiated leaders in their ministry setting. The clinic meets 3 times each program year, 3 days each. The 2009-2010 *Clergy Clinic* will meet in Lombard, IL.

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|------------------------|-----------------------|
| Group A: | Group B: |
| • October 26-28, 2009 | • November 9-11, 2009 |
| • February 22-24, 2010 | • March 8-10, 2010 |
| • April 26-28, 2010 | • May 17-19, 2010 |

Here I Stand Registration Form

Enclose payment of \$295 (or \$345 if received after July 22, 2009). Make checks payable (in US funds) to "LMPC."
Clip and mail to: Lombard Mennonite Peace Center, 101 West 22nd Street, Suite 206, Lombard, IL 60148.

Name(s) _____ Home Phone _____
Address _____ City _____ State _____ Zip _____
Congregation/Organization _____ Work Phone _____
Personal Email _____ Other Email _____

____ Please register me for **Here I Stand** on August 18-20, 2009. I have enclosed full payment for the tuition.
____ Please send me _____ more copies of this brochure for distributing to others in my church or organization.
____ Please send me information about educational programs that LMPC can offer in my church and community.
____ Keep me informed about: _____ Future **Here I Stand** events
____ **Clergy Clinic in Family Emotional Process**
____ **Mediation Skills Training Institute for Church Leaders**

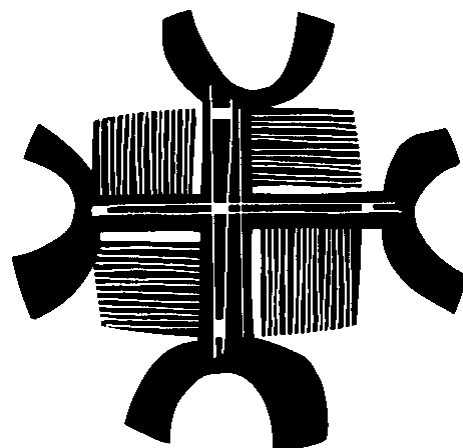
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LOMBARD MENNONITE PEACE CENTER
101 W. 22ND STREET, SUITE 206
LOMBARD, IL 60148



**A Facilitator
Training Event**

Here I Stand: Leading Change Through Self- Differentiation



August 18 - 20, 2009

Redeemer Lutheran Church

Hinsdale, Illinois

**Sponsored by
Lombard Mennonite Peace Center
Lombard, Illinois**

Goals of this Training Event

This event will prepare attendees to function as facilitators of the *Here I Stand* process with individuals or groups in their congregations or other church organizations. Significant attention will be given to the use of the “Beliefs Chart” as a facilitator tool. The training also invites attendees to become more clear on their own beliefs and principles in their efforts to be differentiated leaders. For more information on the “Beliefs Chart” see the LMPC website: www.LMPeaceCenter.org.

Goals of the “Here I Stand” Process

With increasing levels of anxiety being experienced throughout society, churches are reporting:

- Higher rates of **burnout and turnover** among leaders.
- Increased **blaming and victim-thinking** among members.
- Abrupt movement **into and out of ministry**.
- More **destructive conflict**.
- Sudden **withdrawal and departure of members** from the life of the church.

In addressing these trends, church leaders have learned that short-term solutions and quick-fixes do little to address the multi-generational patterns which characterize the functioning of congregations and other church organizations.

In the *Here I Stand* process, participants – with the help of a facilitator trained at this event – develop and reflect on their own “Beliefs Chart.” Using this chart, facilitators invite greater clarity of beliefs among church members or others as they observe and think about the influence of relationship pressures on the shaping of their beliefs and principles over the years.

As some individuals become more clear on a few beliefs and principles which are not subject to relationship pressures, they can function in a steadier way when anxiety rises in their congregation, in their family, or in other important relationships. And as individuals become better able to act on the basis of solid beliefs and principles without attacking or withdrawing from others, their congregations, families, and other relationships change with them.

When one member of a family can calmly state his own convictions and beliefs, and take action on his convictions without criticism of the beliefs of others and without becoming involved in emotional debate, then other family members will start the same process of becoming more sure of self and more accepting of others.
— Dr. Murray Bowen

Who Will Benefit?

Pastors and Christian Education Directors who wish to invite greater clarity of belief and maturity of functioning among church members and, over time, bring greater maturity to the congregational system.

Clinical Pastoral Education Directors or Spiritual Directors seeking new tools to lend objectivity to the self-assessment of those with whom they work.

District, Synod, Conference, or other judicatory leaders working with clergy new to ministry.

Judicatory Committees on Ministry assisting candidates as they assess their attraction to ministry.